

# Ann Goodwin

I am a Child and Adolescent Psychotherapist working with children from 3-18 years (I also work with adults). In my experience, there is very limited emotional support for children and young people. I am often told, by professionals and parents alike, they do not know how, or where, to access therapeutic support for this vulnerable age group. For this reason, I am pleased to be able to offer an accessible counselling service in the North East of England.

My qualifications are as follows:-

Diploma in Therapeutic Counselling with Children & Young People (BACP reg.)

Post Grad Diploma in Integrative Psychotherapy with Children & Young People

Diploma in Integrative Psychotherapy with Children & Young People (BACP reg.)

MSc in Integrative Psychotherapy

Supervision Certificate

Teaching Certificate (PTLLS)

EMDR (Eye movement desensitisation and reprocessing) practitioner

I undertake frequent Safeguarding Training, Equality & Diversity Training and Health & Safety Training to underpin my knowledge and keep the children safe in my care. I hold professional indemnity and public liability insurance and I am DBS checked. I am registered with the BACP and my credentials can be viewed on their website. I also have monthly clinical supervision to support me in my work. This is confidential and anonymous.

I have over nine years experience working therapeutically with children and young people. I also have extensive experience working with adults and presently work part time for an organisation offering counselling to adults with depression and anxiety.

I have also worked as a school counsellor with children from the ages of 3 - 13 years and as an NCFE course tutor teaching Level 3 counselling skills.