



Dr Roberta Caiazza



**Registered Senior Clinical Psychologist with the Health and Care Profession Council (HCPC)
Member of British Psychological Society (BPS)**

I am a Senior Clinical Psychologist working with clients who present with a wide range of problems in their life- emotional, mental and behavioural.

Originally trained in Clinical Psychology in Italy I moved to the U.K. to undertake research in forensic psychology with interest in personality disorders and personality structure and its effect on therapeutic alliance.

I have since gained a statement of equivalence with the Health Care and Professional Council and published in numerous journals and been a guest speaker in national and international conferences. I have been involved in a number of initiatives and research projects with the “Seconda Università degli studi di Napoli” (Italy), Newcastle University (UK) and Northumbria University (UK).

I also work within the NHS mental health services where I have worked since 2011 with complex and enduring presentations and have been involved in research in communication strategies in particular in the use of deception and lies with patients affected by dementia. I also have a strong interest in working with People who present with Hoarding behaviours and Self neglect and have been working around developing an effective way to work with this presentation within a psychology led multiagency approach.

Being a clinical psychologist I am a firm believer in person centered ethical practice. My Main goal is to offer a professional holistic approach to help the client define goals and plan of actions to achieve personal, social and vocational development and adjustment.

I am experienced in working short-term and long term to address issues that encompass:

- Personality disorders
- Severe and enduring issues
- Self-neglect
- Hoarding
- Relationship Difficulties
- Couples Therapy
- Anxiety

Depression
Phobias
Loss and Bereavement
Trauma and PTSD
Complex Personality Problems
Anger Management
Personal Development
Stress management
Low self-esteem and self-efficacy

Languages: English/ Italian